

Ridin' High Cowboy Church

8771 FM 35

Union Valley/Royse City, TX

Pastor: Steve Bishop

April 12, 2015 ~ *How Does God View Our Bodies*

1 Corinthians 6: 19-20 *19Do you not know that your body is a temple of the Holy Spirit, who is in you, whom you have received from God? You are not your own; 20you were bought at a price, therefore honor God with your body.*

Your body belongs to God. God view your body as a temple that houses something very important. God owns your body because he created it, and he died to pay a high price for it. Use your body to reflect God's glory, His patience, His character, His love, His mercy.

Colossians 1:16 *16For by him all things were created: things in heaven and on earth, visible and invisible, whether thrones or powers or rulers or authorities; all things were created by him and for him.*

Put the two passages together and you get this, "our bodies were created by God, for God to honor God."

What difference would it make if you viewed your body through God's perspective? People look at the outward appearance, but God looks at the heart.

Spiritually, we get good at covering up our heart by not doing things outwardly. Have you ever let something slip out of your mouth and then you cover up your mouth and say, "Where did that come from?" Or you do something and people look at you like you're crazy because it's something you usually don't do? God says I know where that came from – it was in your heart.

Spiritually, it shows up in what we say, what we do, but in reality, it's a heart problem, scripturally, we find this all the time.

What is in your heart exposes itself the most to the people we love the most.

The great thing about Christianity is that our God is in the heart changing business.

Background: a discussion between Jesus and the Religious leaders about breaking a law that leaders set up to keep people from breaking the law. Rules to keep from breaking rules!

Matthew 15:1-2; 17-20 ¹*Then some Pharisees and teachers of the law came to Jesus from Jerusalem and asked,* ²*“Why do your disciples break the tradition of the elders? They don’t wash their hands before they eat!”*

¹⁷*Don’t you see that whatever enters the mouth goes into the stomach and then out of the body?* ¹⁸*But the things that come out of the mouth come from the heart, and these make a man ‘unclean.’*

¹⁹*For out of the heart come evil thoughts, murder, adultery, sexual immorality, theft, false testimony, slander.* ²⁰*These are what make a man ‘unclean’; but eating with unwashed hands does not make him ‘unclean’.”*

Jesus is saying, if you think you can “do” some things (show up as a church) and make God happy and then live however you want your mistaken. What we do comes from the heart.

The GOOD NEWS is that God is in the heart changing business.

Four things that lead to Spiritual Heart attacks.

Guilt – As long as there is a barrier between people there is also a barrier between you and God, it’s a heart issue.

Anger – This usually stems from something done to us and we carry that anger with us all through life. Again it alienates us from God and most of the time it can’t be repaid anyway.

Greed – I’m gonna get what’s coming to me and nobody messes with my stuff. This separates us from God because he won’t compete with our stuff. The root of this is fear that God can’t take care of us. The people around you feel that they have to compete with your stuff and your money.

Jealousy – (better health, more money, better looks) – I’m not happy with what God gave others and not me. This person feels better with others fail.

Carry around any of these four things and it will eventually come out in what you say, what you do, what you look at and where you go.

Solution to these problems – just what you would think it is...

Guilt – Confession

Anger – Forgive

Greed – Give

Jealousy – celebrate other people’s successes

Is your heart OK...today?

The result of guilt, greed, anger and jealousy is always the inability to have a relationship, with people and with God.

No doctor can force you to get your physical heart in shape and God has chosen not to force us to do these things, but you can't imagine how much weight is lifted off of you if you will get rid of the guilt, anger, greed and jealousy.